

Fermenting Urine

Another fermentation process used to improve soil fertility is the fermentation of urine. The process is simple: Collect urine and do nothing, just let it sit a few weeks. Lots of gardeners collect their own pee, and that of those around

them willing to share it, to fertilize nitrogen-loving plants. Collect it in outdoor containers via pee jars or buckets. PEE HERE NOW read signs at pee stations at Short Mountain for a while. Usually pee accumulates slowly and sits around; sometimes people intentionally age it. There is even a word in English for fermented urine—*lant*—usually used to describe aged urine used for cleaning. A microscopic investigation into “The Ammoniacal Fermentation of Urine” was published as early as 1890 in the Proceedings of the American Society of Microscopists.⁴ It is an alkaline fermentation that increases pH and produces ammonia.

Exactly as the acidifying fermentations destroy many pathogens, so does this alkalizing ferment. A blogging aquaponic gardener, who uses fermented human urine as a nutrient in his system, sent urine samples to a lab for analysis, some deliberately contaminated with fecal matter. Some of each was sent to the lab fresh, and the rest was fermented until the pH rose to 9, then it was sent to the lab. Both fresh batches tested positive for fecal coliforms; both fermented batches tested negative. “This convinced me that my own urine when aged is not going to make me sick if I use it as fertilizer for a pee-ponic system.”⁵

Aging urine and using it as a soil-fertilizing strategy has long been done in various places, making use of a nitrogen resource universally available. My friend Hector Black, 86 years old with beautiful gardens and orchards, swears by urine as a soil amendment, fresh and aged. “My urine is already aged,” he quips. Hector applies fresh urine to his orchard, diluted 1:1 with water in dry weather, full strength when the ground is saturated with water. “I think some good stuff happens when you age it,” says Hector. “I use the aged stuff on the vegetable garden. Especially nitrogen-loving plants like greens and corn. Does wonders!”

The use of fermented urine is spreading in Uganda. “We no longer waste urine in our homes,” reports farmer Mary Batwaweela. “Each member of the family is allocated a tin every night where she/he urinates then in the morning we pour it into a big container and ferment it for 28 days.”⁶ The aged pee is then diluted with an equal quantity of water and then applied to soil. On the Internet I found documentation of practices in China,⁷ India,⁸ and elsewhere.



Healing With Urine Injections

So far, I have done 7 injections over a period of 1 and half months. I find urine injections, having a powerful way to cleanse the body. During this period, I did not take it orally.

I always used my fresh morning urine for injection. I used disposable insuline syrine. I injected a little less than 1 ml on my thigh. I rubbed that region of my thigh, with fresh urine before and after injecting.

My understanding of how urine injection works: It is the exact homeo approach of 'like cures like'. In homeo, when a person is suffering with some disease at mental and physical levels, they study both the mind and the physical symptoms and they select a medicine (e.g, Arsenic) which in its raw state could bring a similar set of disease at physical and metnal levels. But those medicines are highly potentised that no physical substance will be there in it. It is just their energetic imprint. But it is quite powerful at energetic levels. We are not just physical. We have a physical body and energy bodies. At energetic level, it creates a similar disease.. It is almost like introducing a disease at a different potency/frequency. Soon, the body starts having aggravations.. The existing symptoms will get aggravated. When that happens, it means the homeo medicine has done its job. When the aggravations settle down, the disease would get healed. It is the same approach here with urine injections. The good thing here is, one does not have to struggle a lot to select a homeo medicine. Your urine is your right medicine. It works this way, because, it has some substances that your body does not need. When you inject it, it creates the aggravation and forces your body to go into a hyper active healing mode. That forces the body to heal and get rid of toxins.

In what way it is different from orally taking, if we assume orally taking also works with 'like cures like' concept? When we inject it directly into the blood stream, every particle of it reaches the blood stream instead of having to pass through the digestive system. The needle of insuline syringe reaches probably the muscle in the thigh. But the urine quickly reaches the blood stream. In my view, this is what is making it very potent. It always creates aggravation. I dont find fresh urine creating any aggravation (taken orally), or it might be very mild and unrecognizable. But when fresh urine is taken in considerable quantity (orally), especially in the initial phases of starting UT, it creates diarrhoea like symptoms which many report. I also faced it.

I did these experimentations when I was detoxing mercury after removing many of my amalgam fillings. I have suffered with these fillings for many years in my life. So, the specific aggravations I had were weight loss, tiredness, sweating, problems staying present, hypersensitivity, etc.. And I had severe dandruff. It also surfaced with injections. But all these symptoms faded away in a week.

The aggravations will get less intense each time. So, the first time, it might be very strong. The next time, it will be much more agreeable.

The only suggestion here is, never repeat the injection before the aggravations settle down. It may take a week or even two. Or it might settle down in a few days. Dont be in a hurry. Go slow. If you do it, you do it at your own risk. If you do not have strength to tolerate the aggravation, at physical and mental levels, it might make your condition worse. Proceed with caution.

Good luck!
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1. Am J Nephrol. 1999;19(2):111-3. doi: 10.1159/000013436.

The medicinal use of urine.

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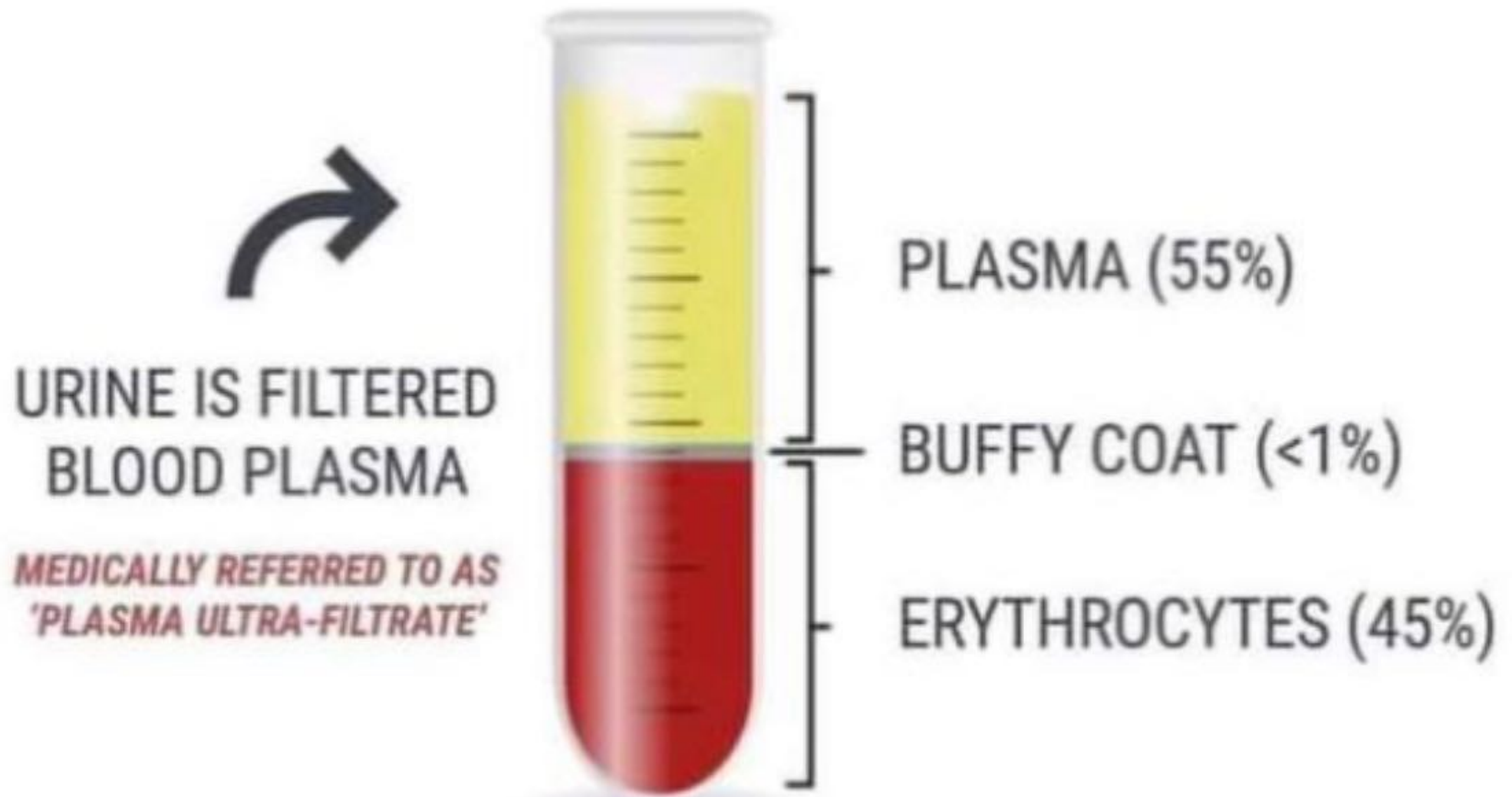
Oral intake of freshly voided morning urine has been recommended for many diseases such as viral or bacterial infections. Symptoms reported during the first days of oral intake of urine include nausea, vomiting, headache, palpitations, diarrhea or fever. Several substances in the urine are believed to be important for oral intake such as urea, uric acid, cytokines, hormones or urokinase. Local urine therapies include embrocations, compresses for local tumors, whole body bath or foot bath in the urine, use of urine as eye drops, ear drops or nose drops and the use of urine for wound cleaning.

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WHAT IS URINE?

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Urine is not a dirty substance excreted by the body. Urine is a by-product of blood filtration, not waste filtration. It is a purified blood derivative, made by the kidneys, whose principal function is not excretion, but regulation of all the elements and their concentrations in the blood.

Going with the flow

THE TEN HYPOTHESES RELATING TO UT:

- 1. RE-ABSORPTION AND RE-USE OF NUTRIENTS**
- 2. RE-ABSORPTION OF HORMONES**
- 3. RE-ABSORPTION OF ENZYMES**
- 4. RE-ABSORPTION OF UREA**
- 5. IMMUNOLOGICAL EFFECT**
- 6. BACTERICIDAL AND VIRUCIDAL EFFECT**
- 7. ORGANIC SALT THERAPY**
- 8. DIURETIC EFFECT**
- 9. TRANSMUTATION THEORY**
- 10. PSYCHOLOGICAL EFFECT**