

1)

Urine stem cell Therapy

People have lived for days without food or water.

They survived because they drank their own urine, those that didn't died.

In the past, Doctors were trained in the analysis of urine by looking at it, smelling it and tasting a patients urine.

Astronauts drink their purified urine in space for months without any adverse effects.

Urine is a by-product of blood filtration, not waste filtration, and is non-toxic.

The body secretes elements not needed at the time through urine.

Urine contains compounds that are very specific to the individual from which it comes.

It is antibacterial, antifungal, antiviral, antineoplastic (anticancer) , anticonvulsive, and antispasmodic.

Urine is a sterile body compound that is purer than distilled water (no bacteria).

Urine contains thousands of compounds and packed with stem cells.

Urine contains:

Alanine, Arginine, Ascorbic acid, Allantoin, Amino acids, Bicarbonate, Biotin, Calcium, Creatinine, Cystine, DHEA, Dopamine, Epinephrine, Folic acid, Glucose, Glutamic acid, Glycine, Inositol, Iodine, Iron, Lysine, Magnesium, Manganese, Melatonin, Methionine, Nitrogen, Ornithane, Pantothenic acid, Phenylalaline, Phosphorus, Potassium, Proteins, Riboflavin, Tryptophan, Tyrosine, Urea, Vitamin B6, Vitamin B12, Zinc, and other compounds.

When you eat, food is broken down in the stomach and intestines into extremely small molecules. These molecules are absorbed into tiny tubules in the intestinal wall and then pass through these tubes into the blood stream.

The blood circulates through your body carrying these food molecules and other nutrients, along with red and white blood cells, antibodies, plasma, microscopic proteins, hormones, enzymes, etc., all manufactured at different locations in the body.

The blood circulates through the liver where toxins are removed and excreted from the body in the form of solid waste. When the blood enters the kidneys it is filtered through a complex and intricate system of minute tubules called nephron. The filtering process removes excess water, salts and other elements in the blood that your body does not need at that time. The excess elements collect in the kidney as a purified, sterile, watery solution called urine.

Many elements are then reabsorbed by the nephron and delivered back into the bloodstream. The rest of the urine passes out of the kidneys into the bladder for excretion.

Research shows that allergic reactions are caused by white blood cells (antigen receptors) that attack substances, even when they are no threat to the body.

Dr. William Linscott showed that when these antigen receptors (white blood cells) are reintroduced into the body, the body develops antibodies to these antigen receptors, stopping the allergic response.

Realizing that the urine of allergic individuals contains the allergy causing antigen receptors, re-introducing the urine back into the allergic individual produces antibodies which stop the allergic reactions.

Gaston Naessens invented a 30,000X dark-field microscope that allows living tissue to be seen at much higher levels of magnification. Hidden within the blood plasma he found tiny bodies he named "somatids".

<https://dub130.mail.live.com/default.aspx?id=64855#n=9656218&fid=4&mid=498d5d1c-8b8e-11e3-9376-d89d67663954&fv=1> 1/18
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These somatids were observed to change from one form to another in regular cycles.

In a healthy person the somatids have a three stage cycle.

In an unhealthy person the somatids have a 16 stage cycle.

The critical stage between stage three and stage four is fermentation. Fermentation is the result of sub-cellular trauma that is produced by exposure to chemical pollution, radiation, accidents, shocks, depression, etc.

The 13 unhealthy somatid stages include a bacterial stage. Bacteria comes from external sources or are internally generated, and usually do not

cause disease.

Bacteria is usually the result of disease, and the disease actually exists on the somatids level and this biological imbalance allows the unhealthy forms of somatids to thrive.

Studying the blood of healthy people and people with various diseases, Naessens found that he could predict the diseases the healthy people were going to get, based on the condition of their somatids.

In traumatized animals, the somatids become highly active and begin to destroy the bodies of their hosts.

Naessens has become famous for treating diseases by monitoring the somatids to determine the effectiveness of the treatment. He has successfully treated thousands of cases of cancers and other diseases.

Somatids are electrical in nature.

Their nuclei is positively charged and their exterior membrane coating is negatively charged. Somatids are actually the smallest living condensers of energy ever found.

The optical microscope developed by Royal Raymond Rife in the 1920s and 1930s also magnified living tissue around 30,000X. With his microscope, Rife observed tiny organisms smaller than the bacteria that he isolated from cancer tumors.

He studied the effect of various frequencies of light on these organisms until he was able to find a frequency that killed them. Cancer patients were exposed to light of a certain frequency for three minutes every third day.

After three months, 14 out of 16 terminal cancer patients fully recovered.

Using only light, he was able to cure cancer and many other diseases including tuberculosis, typhoid, leprosy, and hoof-and-mouth disease.

The cancer causing organisms could be isolated from tumors, cultured, injected into healthy animals where new tumors would form, and then be isolated once again from the new tumors.

When placed onto plant tissue, it developed into fungus. Under certain circumstances, the cancer-causing organisms would transform themselves into bacillus coli, a common intestinal bacteria. The ability of an organism to change from one shape or size to another is called pleomorphism.

Guenther Enderlein developed remedies that were based on the blood pH getting off balance causing microbes in the blood to grow into pathogenicity (pathogens).

If the blood's pH balance, mineral balance, etc. shifts, the elemental forms, the colloidal particles known as the protits or somatids, will change their shape to adapt to the new environment.

What they change into can be pathogenic to the body.

When Professor Enderlein was doing his research in this area, he understood the developmental life cycle of the internal parasite. He knew that disease was brought about by a shift in the internal metabolic balance.

To get well, you had to rebalance the metabolism.

The way to rebalance your metabolism (pH) is through diet. But in severe situations, you could accelerate the process biologically.

Enderlein understood that if you have a microbe at a late developmental stage in the body that is causing problems, you could introduce the earlier stage of that same type of microbe and they would combine and become a lesser form.

This is how his isopathic remedies work. The protit is a colloid of life. It is the progenitor to later stages of development if the pH of the blood gets thrown off.

To de-evolve the later pathogenic stages, you can re-introduce new cultured young protits back into the blood, and the pathogenic forms will become lesser, apathogenic forms.

Professor Enderlein re-introduced the small colloids of life (protits) back into the body to combine with the pathogenic forms so they would de-evolve back into a non-pathogenic state.

The colloids in your blood are protits (somatids) and are very small particles, unfilterable by the kidneys.

When you consume your own urine, you are receiving a dose of these pure colloids. These colloids proceed to support the immune function, taking the pathogenic microbes in the blood back to the apathogenic state.

Urine can be utilized as the body's own medicine.

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Urine therapy has cured or reversed incurable diseases due to presence of stem cells.

Multiple sclerosis, colitis, lupus, rheumatoid arthritis, cancer, hepatitis, hyperactivity, pancreatic insufficiency, psoriasis, eczema, diabetes, herpes, mononucleosis, adrenal failure, allergies, pelvic inflammatory disease, ulcerative colitis, Chron's disease, chronic fatigue syndrome, Hashimoto's disease, severe kidney infections, yeast infections (internal and external), cystitis, candida, endometriosis, ear and sinus infections, food and chemical allergies and other ailments have improved or reversed using urine therapy.

Medical research has discovered that many of the elements of the blood that are found in urine have enormous medicinal value, and when reintroduced to the body, they boost the body's immune system defenses and stimulate healing in a way that nothing else does.

Pharmaceutical companies produce drugs made from urine. Pergonal is a fertility drug made from human urine.

Urokinase, made from urine, is a drug sold as a miracle blood clot dissolver for unblocking coronary arteries. Urea is medically proven to be one of the best moisturizers in the world.

Murine eye drops are made from urine.

Carbamide is another name for synthetic urea.

Homeopathy is a therapeutic method, which applies the Law of Similars by using medically active substances at infinitesimal doses. If you were sick with the flu, you would give yourself a dose of the same or similar flu virus, to stimulate your immune system.

Homeopathic dosage:

Clean the genital area, then collect midstream urine in a clean cup or container.

Add one drop of fresh urine to 1/6 ounce of distilled water in a sterile bottle. Cap, then shake 50 times.

Take one drop of this solution and add to another 1/6 ounce of distilled water and shake 50 times.

Add one drop of this solution to 1/6 oz. of 80 to 90 proof vodka (acts as a preservative) .

Use three drops sublingually under the tongue every hour until there is an improvement, then lengthen the interval between doses. After 3 days, stop treatment to avoid shocking the immune system.

Start dosage again if progress remains static or if a relapse occurs.

Direct dosage:

Use fresh urine immediately after collection.

Do not boil or dilute the urine in any way.

Take 1 - 5 drops of morning urine on the first day sublingually under the tongue.

Take 5 - 10 drops in the morning on the second day.

On the third day, take 5 - 10 drops in the morning and the same amount in the evening, before you go to bed.

Gradually increase the amount as needed for obtaining results for your condition.

As you use urine therapy, you will learn to adjust the amount by observing your reactions. You may work your way up to drinking an ounce or two of urine per dosage.

No research or documentation has been done or found on the subject of using Hydrogen Peroxide Therapy and Urine Therapy combined. If you are on your deathbed, and decide to use Hydrogen Peroxide Therapy and Urine Therapy together as a last resort, don't be afraid, chemotherapy and other drugs are much more toxic the body than Hydrogen Peroxide or Urine.

<http://www.cidpusa.org/urine.htm>

http://www.cidpusa.org/urine_stemcell.htm

3.)

*** Cell Therapy and Muscle Regeneration ***

<http://www.intechopen.com/books/regenerative-medicine-and-tissue-engineering/cell-therapy-and-muscle-regeneration-skeletal-myogenic-differentiation-of-urine-derived-stem-cells-f>

*** research website links on stem cells and urine ***

VERSATILE STEM CELLS FOUND IN URINE

http://www.pearltrees.com/#/N-u=1_869906&N-p=65603283&N-s=1_6991415&N-f=1_6991415&N-fa=6562971

<http://rvortho.com/breaking/versatile-stem-cells-found-in-urine/>

<http://singularityhub.com/2014/01/30/simple-method-for-creating-stem-cells-promises-cheaper-faster-therapies/>

<http://betastuffs.blogspot.co.uk/2012/12/making-stem-cells-out-of-urine.htm>

<http://www.lifenews.com/2013/02/05/biologists-in-china-create-neural-stem-cells-from-urine/>

<http://jasn.asnjournals.org/content/22/7/1221.full>

<http://www.cambridge-news.co.uk/Business/Business-News/Stem-cells-from-blood-and-urine-to-be-patented-20131009172927.htm>

http://link.springer.com/chapter/10.1007%2F10_2012_157

<http://www.news-medical.net/news/20130731/Researchers-identify-stem-cells-in-urine-can-be-directed-to-become-multiple-cell-types.aspx>

<http://miraclecell.net/stem-cells-technology/stem-cells-from-urine/>

<http://onlinelibrary.wiley.com/doi/10.1002/stem.1424/abstract>

*** videos ***

<http://www.youtube.com/watch?v=-74iskWrYz8>

<http://www.youtube.com/watch?v=VWFayp9yPeQ>

<http://www.youtube.com/watch?v=qZSet1n4eiM>

http://www.youtube.com/watch?v=O_OI4TtzlDw#t=11

<http://www.youtube.com/watch?v=VkmKNW8LoEk>

<http://www.youtube.com/watch?v=1KxMAA-IIx8&feature=youtu.be>

<http://www.youtube.com/watch?v=6qkSBdQ08cU&feature=youtu.be>

<http://www.youtube.com/watch?v=OXGfxClkqjA>

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- STEM CELLS FROM URINE AND METHODS FOR USING THE SAME *

<http://www.faqs.org/patents/app/20100111914#b>

Read more: <http://www.faqs.org/patents/app/20100111914#b#ixzz2s3lrLB6>

6.)

No Injections

- (oral) - Adult Stem Cell Therapy

Liquid Stem Cells Staff Adult Stem Cells, Live Cell Therapy, Pluripotent Stem Cells

We knew it had to come... but didn't realize it has already been here for centuries- oral (a.k.a. liquid) stem cells.

The focus on stem cells has always been injections but "new" ways of getting stem cells into the body are popping up all over the place. Sad to say that the USA is a little behind in this avenue.

I've been having a hard time with the theory of injections for some time now. Our founding research was done mainly with injections. While I saw many positives, I couldn't ignore the negatives.

Too few people really understand the fragile state of the human body. The body is so strong, yet so fragile.

Let me explain.

The body will compensate for years and decades. It can take so much and still keep on ticking, until the day it cannot anymore. The day it cannot is called death. However, we usually see disease, disorder and distress long before death.

The fragile part comes in to cause the body to compensate in the first place.

We have something in our body called the ground matrix.

This ground matrix part of our tissue that usually provides structural support to our cells in addition to performing various other important functions.

The ground matrix is disturbed by bumps, bruises, and cuts.

This disturbance usually goes unnoticed. After all, we see a bruise or a cut, we think nothing of it, yet this tissue is vitally important. After years and even decades we see that the trauma from the small cut or bruise has grown and covered a larger area of the body. We also see that this area has reflexed to and disrupted organ functioning.

Every time we were drawing blood and injecting we were creating a disturbance and trauma to the ground matrix.

My vision and goal is to help people and improve their lives, not create more issues down the road.

I reasoned that we had to cut down as much as possible on the trauma to the tissues.

So being the researcher at heart, I looked at the past.

Now, I always like a little shock value so get ready to say ewwww...

Urine therapy is an age old tradition that has healed so many ailments and diseases.

I personally know people that have had major healings by simply drinking their own urine every day.

Do you know what urine is rich in? Yes, stem cells!

Urine is filtered blood and while many people see it as dirty and a waste product, urine is rich in stem cells.

Breast milk is very high in stem cells.

Breast milk is originally made from the blood and components found in milk are living white blood cells [stem cells], mammary gland cells, various bacteria, and a large number of active enzymes along with a whole host of healthy fats and various vitamins.

While we normally think of babies for breast milk, there is a large movement around the world, including inside the USA, where adults consume breast milk. For a disease, a doctor can prescribe breast milk, an adult can take that to a milk bank and get human breast milk to drink. There are so many reports of healing and regeneration.

New York University is testing breast milk cheese.

An ice cream parlor in England sells breast milk ice cream.

When I began to understand the role of stem cells that are natural to the body and have great success being ingested, I knew I could find a way to draw some blood, culture stem cells in a natural environment without questionable fetal bovine growth hormones, and not have to inject them into the body.

<https://dub130.mail.live.com/default.aspx?id=64855#n=9656218&fid=4&mid=498d5d1c-8b8e-11e3-9376-d89d67663954&fv=1> 5/18
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This is a pioneered science from rediscovered nature.

<http://www.liquidstemcells.com/pluripotent-stem-cells/no-injections-adult-stem-cell-therapy/>

7.)

Stem Cell Research

The Problem with Stem Cell Injections

[Liquid Stem Cells Staff Adult Stem Cells, Adult Stem Cells vs Embryonic Stem Cells](#)

By now you know that my interest in stem cells not only came from a deep desire for many years, but also from a personal tragedy. My stem cell research has been fueled because of my love for my children and my love for people.

This is not a business for me – this is my life. I'm not giving up. I'm not quitting. I am only getting better. I am committed to you and to every living being on this planet.

Stem cells are not only used on people; working with stem cells and animals have yielded AMAZING results. Horses, dogs, and cats all benefit from stem cell therapy.

Animals are just as much a product of our plastic, fast food, chemical laden society as we are.

Animal feed is GMO'd more than even our own food supply. I'm sorry, but when you begin to mess with the perfection of the biofield in nature, you will end up with something that may have started out healthy, but will soon turn against the body.

The body recognizes nature and natural. Once the essence, genetics and DNA of something has been distorted (as in genetically modified food – GMO), the body cannot and will not use this as food. GMO'd food becomes an invader.

Slight but distinct allergens form from this food and the body slowly begins to break down and compensate.

We dealt with stem cell injections in our clinic.

The problem I saw with the injections lies in the intercellular matrix.

Once this is breached with a needle, an interference field is slowly formed.

Over time, this interference field spreads and begins to reflex to other organs and body systems.

This causes an overall weakness.

The stem cell injections stimulate your body to begin to produce more of its own stem cells.

Unfortunately a good deal of stem cells go to the inject site to begin to heal that trauma instead of all working on the weaknesses in the body. I saw injections as being counter productive.

I thought and thought and prayed and finally the answer came swirling towards me.... the stem cells need to be made in a form that does not cause more harm to the body.

In working with liquid stem cell research, I found a miracle in a bottle that I never expected. There is a Law to harm and a Law to healing (they are both the same law).

If we look at electro-magnetic fields, then we know a large burst of an EMF can really harm the body. Luckily, our bodies are amazing! We can repair and bounce back very quickly.

When we are exposed to very small doses of EMF's, we find the damage to the body over time is immense. So much so that EMF's can kill someone. There are so many studies and books written proving that living near power lines cause cancer in people and animals. Power lines destroy your biofield. If we take the example of EMF dosage, we can apply that same Law to healing.

A large dose of stem cells, like an injection, all at once will be helpful.

Smaller doses continually taken into the body for a long period of time provides greater healing!

Intuitive wellness and science offers healing based on universal Laws. Whether we know the Laws or not, they are continually at work, either for or against us. I know these Laws and I apply them to rejuvenate your body, mind and spirit.

<http://www.liquidstemcells.com/adult-stem-cells/stem-cell-research-the-problem-with-stem-cell-injections/>

<https://dub130.mail.live.com/default.aspx?id=64855#n=9656218&fid=4&mid=498d5d1c-8b8e-11e3-9376-d89d67663954&fv=1> 6/18
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8.)

**** Urine Therapy (Uropathy) ****

A healing modality that activates the lymphatic system which detoxifies the body and starts the true process of healing and regenerating the body

- your Body's Own Best Medicine, A Powerful Infection Fighter, Excerpt from: ShirleysWellnessCafe.com

"You may think that when it comes to alternative health therapies you've heard it all. But there is one natural therapy you've probably never heard of ---even though its one of the most powerful, most researched and most medically proven natural cures ever discovered." Martha Christy - Urine Therapy: it may save your life!

"For almost the entire course of the 20th century, unknown to the public, doctors and medical researchers have been proving in both laboratory and clinical testing that our own urine is an enormous source of vital nutrients, vitamins, hormones, enzymes and critical antibodies that cannot be duplicated or derived from any other source.

They use urine for healing cancer, heart disease, allergies, auto-immune diseases, diabetes, asthma, infertility, infections, wounds and on and on -- yet we're taught that urine is a toxic waste product.

This discrepancy between the medical truth and the public information regarding urine is ludicrous and, as the news releases you've just read demonstrate, can mean the difference between life and death to you and to your loved ones."

Self Therapy methods - Excerpt from Nexus Magazine

- Healing with Urine Therapy

Urine is not a dirty and toxic substance rejected by the body. Urine is a by-product of blood filtration, not waste filtration. Medically it is referred to as "plasma ultrafiltrate".

It is a purified derivative of the blood itself, made by the kidneys--whose principal function is not excretion but regulation of all the elements and their concentrations in the blood.

Urine can be compared to leftovers from a meal, and this metaphor may help us understand why our bodies excrete elements that are valuable to our health and well-being.

Nutrient-filled blood passes through the liver where toxins are removed to be excreted as solid waste.

Eventually, this purified "clean" blood undergoes a filtering process in the kidneys, where excess water, salts, vitamins, minerals, enzymes, antibodies, urea, uric acid and other elements not usable at that time by the body are collected in the form of a purified, sterile, watery solution that is urine.

The function of the kidneys is to keep the various elements in the blood balanced.

The important elements in the blood are not filtered out because they are toxic and harmful to the body, but simply because the body does not need a particular concentration of an element at that specific point in time.

It is this very regulating process of the kidneys that allows us to eat and drink more than our bodies need at any one time.

Urine is considered to be an invaluable source of nourishment and healing that perhaps has been too controversial or not financially rewarding enough for it to be talked about and encouraged as a potent medicine.

One's own urine, a living food, contains elements that are specific to one's body alone.

The body is constantly producing a huge variety of antibodies, hormones, enzymes and other natural chemicals to regulate and control its functions and combat

imbalances that one may not be aware of. --

Clinical studies have proved that the thousands of critical body chemicals and nutrients that end up in urine reflect the individual body's functions.

When re-utilised, these chemicals and nutrients act as natural vaccines, antibacterial, antiviral and anticarcinogenic agents as well as hormone balancers and allergy relievers.

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The information that urine contains therefore cannot be duplicated or derived from any other source.

Just as nature produces no two people who are exactly the same, there are no two urine samples in the world that contain exactly the same components.

"Don't take this therapy lightly.

Multiple sclerosis, colitis, lupus, rheumatoid arthritis, cancer, hepatitis, hyperactivity, pancreatic insufficiency, psoriasis, eczema, diabetes, herpes, mononucleosis, adrenal failure, allergies and so many other ailments have been relieved through use of this therapy.

After you overcome your initial gag response (I know I had one), you will realize that something big is going on, and if you are searching for health, this is an area to investigate.

There are numerous reports and double blind studies which go back to the turn of the century supporting the efficacy of using urine for health." - Biomed

Urine therapy can be a very effective healing modality. Sometimes when all else fails, urine therapy will turn a person around. -

Excerpt from Biomedx.com

Ms. Christy was sick. Very sick. For a very long time.

Pelvic inflammatory disease, ulcerative colitis, Chron's disease, chronic fatigue syndrome, Hashimoto's disease, mononucleosis. She had severe kidney infections, two miscarriages, chronic cystitis, severe candida, endometriosis, adrenal insufficiency, serious chronic ear and sinus infections, food and chemical allergies. And that wasn't the half of it.

She had every conceivable medical test, her share of surgery, and drugs - plenty of them.

Then she tried all forms of alternative therapy. Homeopathy, herbs, mega-vitamins and liv-cell treatments in Mexico. After traditional medicine failed to work, she and her husband spent over \$100,000 trying to get her well with alternative approaches. Nothing worked. And then one day, her husband brought home a little book that told of how individuals had been cured of even the worst diseases with a seemingly strange and little-known natural therapy.

Soon afterwards, she began the therapy herself. From the first day she began, she received almost instantaneous relief from her incurable constipation and fluid retention.

Within a week, her severe abdominal and pelvic pain was gone. The chronic cystitis and yeast infections (internal and external) soon disappeared and her food allergies, exhaustion, and digestive problems all began to heal.

After a few more months, her colds, flu, sore throats and on again off again viral symptoms disappeared.

Her hair which had fallen out by the handfuls after her fifth surgery became thick and lustrous.

Her weight normalized, and her energy and strength came back.

After nearly 30 years of non-stop illness, Martha Christy was whole again.

What was this therapy that she had discovered? What was this therapy that has helped seriously ill patients gain complete remissions from their afflictions? What was it that she actually did?

Well, here it is. She orally and medicinally re-consumed her own urine.

read the rest: Urine Therapy: Your Own Perfect Medicine by Martha Christy

UROTHERAPY FOR PATIENTS WITH CANCER

Joseph Eldor, MD

Cancer cells release various antigens, some of which appear in the urine.

Oral auto-urotherapy is suggested as a new treatment modality for cancer patients.

It will provide the intestinal lymphatic system the many tumor antigens against which antibodies may be produced.

These antibodies may be transpierced through the blood stream and attack the tumor and its cells. Learn more about tumor antigens in urine

What is urine therapy? How does it work?

"Urine therapy has been practised for thousands of years and has merely fallen a bit into obscurity in the last century.

However, urine therapy may seem to be unorthodox and perhaps revolutionary, it does not introduce anything new or original. It has

been known throughout the centuries both in the West and in the East.

Dr. Evagelos Danopoulos of Greece reported that urea found in urine has anti-cancerous properties.

The urea seems to disrupt the ability of cancer cells to group together and kills them by upsetting some of their normal metabolic activities. Urine

therapy has been used to treat cancers of the skin, cervix, lungs, eyes, breast, and liver.

The first question that probably comes to mind is whether urine is not a toxic substance and how a toxic waste product could ever be of any benefit for your

health.

Well, urine is NOT a toxic waste product and this has been scientifically proven. 95% of urine is water, 2.5% consists of urea and the remaining 2.5% is a mixture of minerals, salt, hormones and enzymes.

Toxic substances are being removed from the body through the liver and intestines, through the skin and through the outbreak. -
Excerpt from the Medical Alternative Network

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"No matter how hard it may be for you to stomach, the fact is that knowing the truth about this incredible natural substance (urine) will be one of the most crucial health facts you'll ever learn.

And one of the most remarkable things about this incomparable natural therapy is that the medical community has already been aware of its astounding efficacy for decades, and yet none of us has ever been told about it.

Why? Maybe they think it's too controversial.

Or maybe, more accurately, there wasn't any monetary reward for telling people what scientists know about one of the most extraordinary natural healing elements in the world." - Martha Christy

Urine Therapy An Amazing Untold Story
by Martha Christy

There is an extraordinary natural healing substance, produced by our own bodies, that modern medical science has proven to be one of the most powerful natural medicines known to man.

The extensive medical research findings on this natural medicine have never been compiled and released to the general public before now, but those who have been fortunate enough to hear about this medicine and use it have found that it can produce often astounding healing even when all other therapies have failed.

UROPATHY The Most Powerful Holistic Therapy
by Martin Lara

Urine therapy (Uroopathy) is one approach to health that is 100% safe to use, it is extremely effective, has never harmed anyone and it is absolutely free of charge. It cannot be controlled and you truly benefit from using it.

Thousands of urine therapy advocates certify that this is a healing modality that activates de lymphatic system which detoxifies the body and starts the true process of healing and regenerating the body.

Once you become familiar with UROPATHY and start using your urine, you will be able to fight individual diseases, prevent and reverse the conditions that make you susceptible to all types of health problems including: childhood diseases, allergies, common cold, flu, hepatitis, arthritis, hypertension, all types of infections and fevers, cancer and the opportunistic infections associated with AIDS.

Learn to perpare a strong and powerful formula against most diseases.

This simple formula has been used against all allergies, for all types of fevers especially for babies and infants. It is effective against the flu, common cold, dry skin, eczema, psoriasis and all other skin problems.

Learn more about urine's healing properties for: Hypertension, Hepatitis, Gall Stones, Lyme Disease, Dysentery , Arthritis, and Cholera The
Miracles of Urine Therapy

by Dr. Beatrice Bartnett & Margie Adelman

The Therapy outlined in this book is an entirely drugless system of healing; the only ingredient is a substance manufactured by the body, rich in minerals, salt, hormones, and other vital substances, namely human urine.

This book includes case studies of patients successfully treated with urine therapy.

It also provides scientific proof of the efficacy of urine as well as an in-depth look at the history and metaphysical roots supporting Urine-Therapy.

UROTHERAPY FOR PATIENTS WITH CANCER
Joseph Eldor, MD

Cancer cells release various antigens, some of which appear in the urine.

Oral auto-urotherapy is suggested as a new treatment modality for cancer patients.

It will provide the intestinal lymphatic system the many tumor antigens against which antibodies may be produced.

These antibodies may be transpierced through the blood stream and attack the tumor and its cells.

"Your Own Perfect Medicine" by Martha Christy

In this extraordinary how-to book, Martha Christy examines research findings and testimonials relating to urine therapy, and includes step-by-step instructions to using urine therapy at home.

In its examination of this ancient therapy which has been around for over 5,000 years, Your Own Perfect Medicine makes use of information from urologists, neurologists, immunologists, pediatricians, dermatologists and university researchers to state its case for urine therapy. Ms. Christy also answers the important question, "why haven't the thousands of findings on urine therapy been publicized?" This book is a valuable tool for the growing numbers of consumers who are determined to take control of their own health. - read an excerpt of Your Own Perfect Medicine

SELF-THERAPY METHODS
Excerpt from Nexus Magazine Healing with Urine Therapy

The middle stream of fresh, warm, morning urine is the most potent, and drinking it mixed with freshly squeezed orange juice is probably the fastest way to accomplish this task, although it is best not to mix urine with other foods or drinks or to take it within an hour before or after eating.

Oral drops of fresh urine can be placed directly under the tongue.

Urine therapists suggest their patients start with 5 drops of fresh morning urine on the first day, increase to 10 drops on the second day, and take 10 drops on the morning of the third day and the same amount that evening before going to bed.

Once patients feel comfortable with this therapy, they can gradually increase the amount as they see fit to obtain the results required for their body's

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condition.

Over time, they can learn to adjust the amount that is needed by observing their reactions to the therapy; their dosage may become as much as one full cup at a time!

Self-urine may be used as eye drops and ear drops, in foot baths and even as effective enemas. Nose drops can help loosen mucus and clear up blocked nasal passages.

Gargling with it is helpful for a sore throat, and inhaling it relieves sinus and respiratory congestion.

Taken internally, it has a laxative and diuretic effect, as it cleanses the digestive tract.

Dr John Armstrong (author of *The Water of Life*) emphasises the need to massage with urine.

He insists that cures work faster and more effectively in those who are bathed, massaged, rubbed and soaked in their own urine. He highly recommends it for more serious illnesses, since urine is absorbed through the skin and the hormonal and protein-based contents are slowly reabsorbed into the system, bypassing digestive juices that otherwise may have neutralised their potency.

In this way, it also works as an excellent cosmetic for moisturising and healing skin blemishes, burns and scar tissue.

However, for this usage, it is preferable to use urine that is 4 - 8 days old.

The smell of ammonia in the old urine is not toxic but actually beneficial if used topically only, and not taken internally. - From the Biomed x website:

Very briefly, here are two ways to do urine therapy.

This is in no way a complete discussion of how to use the therapy, but simply an introduction.

1) Use your own urine in a homeopathic fashion.

First, collect midstream urine in a clean cup or container.

This should be a clean catch, meaning the genital area (important for women in particular) has been cleaned beforehand. To 1/6 ounce of distilled water in a sterile bottle, add one drop of fresh urine. Cap and shake 50 times.

Take one drop of this mix and add to another 1/6 ounce of distilled water and shake 50 times.

Take one drop of this mix and add to 1/6 oz. of 80 to 90 proof vodka which acts as a preservative.

Place three drops under the tongue hourly until there is obvious improvement or temporary exacerbation of symptoms. As improvement progresses, lengthen the interval between treatments. After 3 days, suspend treatment to avoid pushing the immune system. Treatment is resumed if progress remains static or relapse occurs.

2) Begin with oral drops then increase dosage as needed.

Use fresh urine drops direct. For some cases, sub-lingual drops work well. (Should always use fresh urine immediately upon collection. You should not boil or dilute the urine in any way.

You must use it in its natural form)

Start by taking 1-5 drops of morning urine on the first day.

On the second day, take 5-10 drops in the morning.

On the third day, take 5-10 drops in the morning, and the same amount in the evening before you go to bed.

Once you feel accustomed to the therapy, gradually increase the amount as needed for obtaining results for your condition.

As you use the therapy, you will learn to adjust the amount you need by observing your reactions to the therapy.

It may be that you'll work up to actually drinking an ounce or two at a time.

The Fountain of Youth

by Bob Silverstein, N.U.T. (Naturopathic Urine Therapist)

This strange behavior, called "urine therapy," or "auto-immune therapy," or "intrinsic medicine," or simply "UT," and also known in India as "amaroli" (the practise itself) and "Shivambu" (urine, the "water of Shiva"), has a well-documented, proven record of its power to heal an amazing variety of ills, with no negative or harmful effects.

Urine is a divine nectar, with supernatural qualities.

After all, as the Bible says, "the life (or life-force) of the flesh is in the blood," and as urine comes from the blood, it contains that "life-force." Imbibed fresh and warm, it is a living food, and a nourishing drink, that is also cleansing, as well as medicinal.

Urine is anti-bacterial, anti-fungal, and anti-viral. It is used in cases of AIDS (only AIDS anti-bodies in urine); cancer; fatigue; anemia; all sorts of urinary diseases, for weight-loss, colds and flu, candida, diabetes, digestive problems, jaundice, etc.

It is medically-proven against polio, rabies, and tuberculosis.

The list of diseases for which it is effective is very long, and around 175 known diseases are said to respond to this kind of therapy. (See longer, partial list at end of this report).

Urine therapy is truly a "panacea" (i.e., a "cure-all" or "universal remedy")

THE GOLDEN FOUNTAIN
by Coen van der Kroon

"Briefly, if urine is ingested and/or rubbed into the skin, it purifies blood and tissues, provides useful nutrients and sends the body a signal about what is in or out of balance.

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This last effect is called (oral) auto-immunization.

This brings us at a last important feature of urine. Urine itself is, as said, not a toxic waste product. It does contain however minute particles connected with possible disease processes in the body.

These minute particles are mainly antibodies, which upon re-ingesting can help the body to react on specific pathological situations. Urine therapy has proven helpful in a great number of various diseases, ranging from a simple cold and a throatache, to tuberculosis and asthma, from minor skin problems such as itching, to more serious skin diseases such as eczema, psoriasis and even skin cancer."

Ayurveda & Yoga: Amaroli

An explanation of the practice of Amaroli, Shivambu, or Auto-Urine Therapy follows.

This practice comes from Yoga and is the use of one's own urine as food, medicine, restorative, transforming agent and immune system booster. It is sometimes called 'Your Own Doctor'.

Amaroli is very simple to do and increases the power of the immune system, strengthens the Aura and improves skin health. Spiritual aspirants will find that the mind is less inclined to behave like a monkey, spiritual energy is kept high, and progress towards samadhi is smoother. The effects are magnified if the practitioner has a Yoga practice and an Ayurvedic diet and lifestyle.

Three million Chinese drink their own urine

More than three million Chinese drink their own urine in the belief it is good for their health, the official Xinhua news agency reported on Friday. Participants at a recent seminar on the practice in the northeastern city of Shenyang were told that urine contains many active ingredients which strengthen the immune system, Xinhua said.

"Urine contains no bacterium and is more sanitary than blood," Yang Liansheng, a professor from the Liaoning Institute of Traditional Chinese Medicine, was quoted as saying.

Engineer Zhu Jinfu told the seminar he had been drinking his own urine since he was 13 and had lived a healthy life for the last 58 years, Xinhua added. Many of his forefathers had also lived to a ripe old age thanks to urine therapy, he said. (Reuters)

Urine Therapy: Nature's Elixir for Good Health
by Flora, Ph.D. Peschek-Bohmer, Gisela Schreiber, Flora, Ph.D Peschek-Bohmer

An introduction to urine therapy 's amazing effectiveness in treating a wide array of physical complaints. Contains effective treatments for acne, asthma, hair loss, indigestion, infections, migraines, warts, wrinkles, and many other common ailments. Examines the historical use of urine therapy in the United States, Europe, and Asia. Includes a program for overcoming initial aversion to urine therapy.

If you are like most people, trained from their earliest years to regard urine as a mere waste product, the thought of using it for its healing powers may seem shocking. Yet urine has long played an important role in the holistic medical traditions of societies all over the world, and is even mentioned in the Ebers Medical Papyri of ancient Egypt.

For centuries people have been availing themselves of urine's incredible curative powers for ailments ranging from anemia to warts. Urine is free, sterile, and acts homeopathically to "prepare" the immune system.

Urine Therapy includes many case histories of people who have successfully treated their ailments with urine, along with cogent explanations of why urine does what it does, how to ensure that the wastes flushed out with your urine aren't taken back in, and why urine may be the best tonic available for your immune system.

9.)

Stem cells in urine show potential for numerous therapies

<http://www.stemcellsportal.com/node/898>

Could harvesting stem cells for therapy one day be as simple as asking patients for a urine sample?

Researchers at Wake Forest Baptist Medical Center's Institute for Regenerative Medicine and colleagues have identified stem cells in urine that can be directed to become multiple cell types.

"These cells can be obtained through a simple, non-invasive low-cost approach that avoids surgical procedures," - said Yuanyuan Zhang, M.D., Ph.D., assistant professor of regenerative medicine and senior researcher on the project.

In a study currently published online in SCTM's sister journal Stem Cells, the team details how it successfully directed stem cells from urine to become bladder-type cells, such as smooth muscle and urothelial, the cells that line the bladder.

But the urine-derived cells could also form bone, cartilage, fat, skeletal muscle, nerve, and endothelial cells, which line blood vessels. The multipotency of the cells suggests their use in a variety of therapies.

"These stem cells represent virtually a limitless supply of autologous cells for treating not only urology-related conditions such as kidney disease, urinary incontinence and erectile dysfunction, but could be used in other fields as well," - said Zhang.

"They could also potentially be used to engineer replacement bladders, urine tubes and other urologic organs."

Zhang's team first identified the cells, which are a small subset of the

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many cells found in urine, in 2006.

The current research builds on earlier studies by confirming the multipotency of the cells.

In addition, the research found that unlike iPS cells or embryonic stem cells, the urine derived-stem cells do not form tumors when implanted in the body, indicating they may be safe for use in patients.

The research involved obtaining urine samples from 17 healthy individuals ranging in age from five to 75 years.

Isolating the cells from urine involves minimal processing, according to the authors.

Next, they evaluated the cells' ability to become multiple cell types.

Importantly, the cells differentiated into the three tissue layers (endoderm, ectoderm and mesoderm) that are a hallmark of true stem cells and also differentiated into the specific cell types mentioned earlier.

Next, the researchers placed cells that had been differentiated into smooth muscle and urothelial cells onto scaffolds made of pig intestine.

When implanted in mice for one month, the cells formed multi-layer, tissue-like structures.

The urine-derived stem cells have markers of mesenchymal cells, which are adult stem cells from connective tissue such as bone marrow.

They also have markers for pericytes, a subset of mesenchymal cells found in small blood vessels.

Where do the cells come from?

Researchers suspect that the cells originate from the upper urinary tract, including the kidney.

Female study participants who had received kidney transplants from male donors were found to have the y chromosome in their urine-derived stem cells, suggesting the kidney as the source of the cells.

"Identifying the origins of the cells will lead to a better understanding of the biology of this multipotent population of mesenchymal cells within the urinary tract system," - said Zhang.

Learn more:

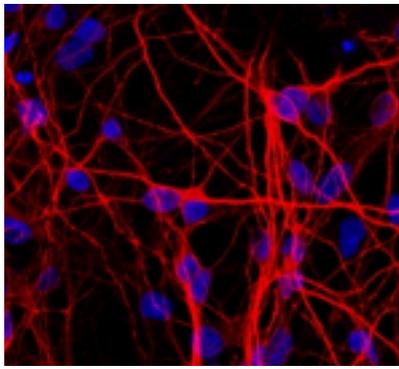
http://www.wakehealth.edu/News-Releases/2013/Stem_Cells_in_Urine_Easy_to_Isolate_and_Have_Potential_for_Numerous_Therapies.htm
<http://onlinelibrary.wiley.com/doi/10.1002/stem.1424/abstract>

10.)

Brain cells made from urine

Human excreta could be a powerful source of cells to study disease, bypassing some of the problems of using stem cells.

[Getting neurons from cells discarded in urine, may one day help develop therapies for neurodegenerative diseases like Parkinson's disease.](#)



Some of the waste that humans flush away every day could become a powerful source of brain cells to study disease, and may even one day be used in therapies for neurodegenerative diseases. Scientists have found a relatively straightforward way to persuade the cells discarded in human urine to turn into valuable neurons.

The technique, described online in a study in *Nature Methods* this week¹, does not involve embryonic stem cells. These come with serious drawbacks when transplanted, such as the risk of developing tumours. Instead, the method uses ordinary cells present in urine, and transforms them into neural progenitor cells — the precursors of

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brain cells. These precursor cells could help researchers to produce cells tailored to individuals more quickly and from more patients than current methods.

Researchers routinely reprogram cultured skin and blood cells² into induced pluripotent stem (iPS) cells, which can go on to form any cell in the body. But urine is a much more accessible source.

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Stem-cell biologist Duanqing Pei and his colleagues at China's Guangzhou Institutes of Biomedicine and Health, part of the Chinese Academy of Sciences, had previously shown that kidney epithelial cells in urine could be reprogrammed into iPS cells³.

However, in that study the team used retroviruses to insert pluripotency genes into cells — a common technique in cell reprogramming. This alters the genetic make-up of cells and can make them less predictable, so in this study, Pei and his colleagues introduced the genes using vectors which did not integrate in the cellular genome.

One of their experiments produced round colonies of reprogrammed cells from urine that resembled pluripotent stem cells after only 12 days — about half the time usually required to produce iPS cells. When cultured further, the colonies took on the rosette shape common to neural stem cells.

Tumour-free

Pei and his colleagues transferred the cells to a growth medium used for neurons, and found that these reprogrammed cells went on to form functional neurons in the lab.

When the team repeated the experiment and transplanted the cells into newborn rat brains, [the cells did not form tumours](#). Instead, when the brains were examined four weeks later, the cells had taken on the shape and molecular markers of neurons.

Neural progenitors proliferate in culture, so researchers can produce plenty of cells for their experiments. Getting enough cells has previously been a problem for [such 'direct reprogramming' techniques](#), which produce neurons more quickly than producing and differentiating iPS cells.

"This could definitely speed things up," says James Ellis, a medical geneticist at Toronto's Hospital for Sick Children in Ontario, Canada, who makes patient-specific iPS cells to study autism spectrum disorders.

The benefit of sourcing cells in this way is that urine can be collected from nearly any patient, says geneticist Marc Lalande, who creates iPS cells to study neurogenetic diseases at the University of Connecticut Health Center in Farmington, and is particularly intrigued by the possibility of making iPS cells and neural progenitors from the same patient.

"We work on childhood disorders," he says. "And it's easier to get a child to give a urine sample than to prick them for blood."

<http://www.nature.com/news/brain-cells-made-from-urine-1.11985>

11.)

OCCULT TREASURES

Urine Therapy

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Urine Therapy:

Urine is written in Rudrayamal Tantra as nectar of god Siva. Urine is an age-old theory of curing diseases this is also called water of life.

According to John W. Armstrong to resolve life threatening disease conditions, drink every drop of your urine neither eat nor drink any thing else until you are completely well. Serious cancer, massive infection and heart problem can be easily cured.

Now days, Urokinase present in Urine is used as a drug for unblocking coronary artery. According to Pliny, the elder Male urine cures gout, witness the fullers for instance, who for this reason, it is said, are never troubled with that disease. Every person's own urine is the best for his own case.

For mad dog, and for the cure of stings inflicted by serpents urine is excellent. As to the bite of the scolopendra, the effects of urine are said to be quite marvelous--the person who has been injured has only to touch the crown of his head with a drop of his own urine, and he will experience an instantaneous cure.

Our own urine is a great medicine. Ancients used this to prolong the late span and to get a disease free healthy body and mind. Urine of

many creatures like goat, cow, camel are medicine, but among them human urine is the king of medicine, the great elixir of life.

According to Tantric texts collect the urine before sunrise i.e. (Brahma Muhurta). It should be collected in a Gold, Silver or Copper utensil to get best of results. Reject the first and last parts of urine.

The results you get after using it is given below.

1. 1st month use – Cleans the body internally.
2. 2nd month use – Body becomes stronger.
3. 3rd month use – Starts cures diseases.
4. 4th month use – Middle phase of cure process.
5. 5th month use – Cures all general diseases and gets divine vision (Divya Dristi).
6. 6th month use – Because a Yogi with extreme intelligence.
7. 7th month use – Gives extreme strength physically.
8. 8th month use – Skin becomes highly bright like gold for ever.
9. 9th month use – Cures incurable diseases.
10. 10th month use – Body becomes radiant.
11. 11th month use – Cleans the body from internal dirt.
12. 12th month use – Body becomes radiant like Sun.
13. 2nd years of use – Gets control over earth element.
14. 3rd years of use – Get control over water element.
15. 4th years of use – Get control over fire element.
16. 5th years of use – Get control over air element.
17. 7th years of use – Get control over ego.
18. 8th years of use – Get control over super ego.
19. 9th years of use – Get control over life and death cycle.
20. 11th years of use – Gets power to visualize all the internal process of the organs.
21. 12th years of use – Get the lifespan like Sun and Moon. Nothing can destroy him.

Now we will the affects of urine mixed with chemical and biological components. In this process similarly collect the urine before sunrise and then mix it with different substances.

1. Urine + Guduchi churna → Cures all diseases within 6months.
2. Urine + Harida → Kills old age and diseases.
3. Urine + Purified red sulphur → Use it 3year and you will get lifespan Moon and Stars.
4. Urine + Stool → Use it 12years to remain young for ever and to get the lifespan of Sun and Moon.

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5. Urine + Purified sulphur + Ash of mice (Avra Vasma) → Cures stomach cancer and all diseases of stomach.
6. Urine + Trifala churna + piper powder → Gets the blessings of Mahamaya.
7. To have better skin massage warm urine over the body.
8. Urine can be used as nasal drops for cryonic cold.

For serious problem i.e. patients nearing death should not eat a drink anything. They should consume every drop of their own urine or the urine of a healthy man to start the process.

Urine as a Rasayana i.e. elixir can take with all the avoid or alchemical medicines to enhance their effects. Golden elixirs and mercurial elixirs give best of results when taken before taking morning urine.

12.)

The Water_of Life

A personal experience of the author W. Armstrong in his battle against his own illness

13.)

Miracles of UT from Cancer to Pregnancy

Miracles of Urine Therapy for any Body Ailments

<http://urine-therapy-for-cancer-to-pregnancy.blogspot.co.uk/2012/04/miracles-of-ut-from-cancer-to-pregnancy.html>

Introduction of Ancient Healing Therapy:

One of the powerful practice for healing and upliftment of soul, that continues to flourish today is *Shivambu Shastra*, respected for thousands of years as the "Mother of Ayurvedic Medicine" or *Amaroli* (Amar means immortal) in Yoga and commonly known as "Self Urine Therapy".

Another word for same is *Shivambu* literally means "Water of Shiva", referring to the auspiciousness of the practice. It is outlined in the *Shivambu Kalpa Vidhi*, part of a 5000-year-old document called the *Damar Tantra*, linking this practice back to the *Vedas*, the sacred Hindu texts and to the practice of Tantra.

Tantra is a Sanskrit term which refers to the path that expands the mind or consciousness and liberates one from the cycle of birth and death.

The sacred text, the *Shri Damar Tantra Shivambu Kalpa Vidhi* is defined as such:

Damar means "control of the body and senses", Tantra means "expansion of consciousness", Kalpa means "vitalize or regenerate" and Vidhi means "process or technique". So it can also be called "process for rejuvenation to ultimate level".

As a by-product of the blood, it contains "life-force" or *prana* and thus is considered to be a super-

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natural living food.

When taken, it "awakens the healer within" who works both on a mechanistic level as well as on an energetic level. That is urine has the ability to affect all levels of being; from the physical, to the emotional, to the mental and to the subtler vibrations of the soul.

Urine Is By-product Of Blood Filtration: Urine is not a dirty and toxic substance rejected by the body. Urine is a byproduct of blood filtration, not waste filtration.

Nutrient-filled blood passes firstly through the liver where toxins are removed to be excreted as solid waste. Eventually, this purified "clean" blood undergoes a filtering process in the kidneys where excess water, salts, vitamins, minerals, enzymes, antibodies, urea, uric acid and other elements not useful at that time by the body are collected in the form of a purified, sterile, watery solution that is urine.

The function of the kidneys is to keep the various elements in the blood balanced. The important elements in the blood are not filtered out because they are toxic and harmful to the body, but simply because the body does not need any more than that particular concentration of that element at that specific point in time. I

t is this very regulating process of the kidneys that allows people to eat and drink more than their bodies need at any one time.

Effects and Benefits: When taken internally, the urine does not go straight into the bloodstream but travels through the digestive system where its constituents are sorted out. The useful ones are used up again while others are rejected as solid waste.

When the level of toxins in the blood increases, it stimulates the intestines and the lymphatic system into flushing themselves out to eliminate any stagnated excrement accumulated in the colon.

Urea, which is considered the main poisonous organic solid in urine have been shown by research that it gets converted into an essential amino acid once it is recycled by ingestion which helps body to use protein more efficiently.

Urea has also been proven to be an extraordinarily effective antibacterial and antiviral agent, one of the best natural diuretics and one of the most remarkable skin moisturizers ever discovered.

As a natural diuretic, it is widely used in cases of oedema or swelling, glaucoma, epilepsy, meningitis and to reduce excess cerebral and spinal pressure. Urea is an FDA-approved medicinal agent being researched and its comprehensive anti-neoplastic properties are well utilized in anti cancer drugs and treatments.

Names of Diseases or Problems Cured by Urine: Many people have claimed that urine is a panacea. There is practically nothing it won't cure. Urine is said to be effective against the flu, the common cold, broken bones, toothache, dry skin, psoriasis and all other skin problems. It is said to deter aging and is helpful with AIDS, allergies, animal and snake bites, asthma, heart disease, hypertension, burns, cancer, chemical intoxication, chicken pox, enteritis, constipation, and pneumonia.

Urine is said to be effective against dysentery, edema, eczema, eye irritation, fatigue, fever, gonorrhea, gout, bloody urine, smallpox, immunological disorders, infections, infertility, baldness, insomnia, jaundice, hepatitis, Kaposi's sarcoma, leprosy, lymphatic disorder, urticaria, morning sickness, hangover, obesity, papilloma virus, parasites, gastric ulcer, rheumatism, birthmarks, stroke, congestion, lumbago, typhus, gastritis, depression, cold sore, tuberculosis, tetanus, Parkinson's disease, foot fungus, and diabetes and other endocrine related diseases. Some enthusiasts see urine therapy as a divine manifestation of cosmic intelligence. They use urine to unleash their kundalini, sending it straight into the third eye, bringing enlightenment.

Urine Therapy may inhibit the growth of the malignant Cells that occur in Cancer.

Types of Cancer that have been reported to respond to Urine Therapy include:

- Breast Cancer
- Colon Cancer
- Kaposi's Sarcoma
- Lung Cancer
- Lymphomas
- Skin Cancer
- Stomach Cancer
- Uterus Cancer
- Thyroid gland Cancer

- The specific components of human Urine that are speculated to account for the effectiveness of Urine Therapy in the treatment of Cancer include Human Urine Derivative (HUD), H-11, Retine, Antineoplastons and Uric Acid.

It works wonders in pregnancy related matters also like strengthening uterus, improving ovarian function and repairing if there is structural deficiency, removes blockage in fallopian tubes, clears fibroids and last but not least that when you are pregnant and if you drink it just once in morning (under guidance of Urine Therapy Expert) will keep your baby and yourself really safe and sound health wise (*no gastric problem, vomiting, nausea, weakness, putting up weight, etc*) and the baby born with this therapy will have computer like brain and very peaceful in nature.

While for the men who has less sperm count can be increased to sufficient level which can bring happiness of having child in his life.

Self Therapy Method to Use or Drink: The middle stream of fresh and warm morning urine at 4am to 6am is the most potent and is best taken not mixed with other foods or drinks.

Little portion in the starting and little portion at the end should be avoided. With time and experience, this can be gradually increased to obtain the results required for the body's condition - even up to one full glass at a time.

Self urine may be used as eye drops, ear drops, foot baths and even as effective enemas. Nose drops can help loosen mucous and clear up blocked nasal passages. Gargling with it for a sore throat or inhaling it relieves sinus and respiratory congestion.

Taken internally has a laxative and diuretic effect as it cleanses the digestive tract. Dr John Armstrong (author of *The Water of Life*) emphasizes the importance of fasting on urine and massaging with it the affected areas on skin.

John Armstrong fasted on just urine and water for 40 days and cured all the major health problems he was going through. It works best to heal skin blemishes, burns and scar tissue. In no of cases it has been seen that it works best for serious problem like cancer of any kind. Only thing is, the person who wants to cure his cancer has to be either on fast and just drink his urine and filtered water or can stay on simple and boiled food and fruits and drink his urine at least 4-5 times a day.

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Just within a week, you will see noticeable changes in his body. For this you should read books called '*Shivambu Gita*' by Dr. G. K. Thakkar and another is '*The Water of Life*' by Dr. John Armstrong.

It is recommended that people give up tobacco in all forms and restrict consumption of cold drinks, strong spices (such as chilly, onions and garlic), fried foods, junk foods, canned or tinned foods, and refined foods and sugars as much as possible. Above all, it is best to avoid alcohol, meat and coffee as well as recreational drugs.

In the tradition of Yoga, this is called a *Sattwic* diet, meaning as pure as possible, with a focus on whole, fresh, organic vegetarian foods and purified water. Following a low-salt and low-protein diet is best. Like all other natural therapies, this is not a treatment that needs to be stopped after the relief of certain symptoms, but can be incorporated into one's life-long health regime.

Urine can be massaged topically for the most chronic and stubborn skin problems such as acne, eczema, psoriasis, ringworm, sores, fungal infections, insect bites, wounds, burns even gangrene. Internally, the therapy is said to be effective in AIDS since the AIDS antibodies are found in urine, as well as cancer, chronic fatigue syndrome, anemia, all sorts of urinary diseases, weight loss, colds and flues, Candida, diabetes, digestive problems, jaundice. It has been medically proven to work against polio, and tuberculosis, and has been intramuscularly injected by doctors for immunological illnesses such as psoriasis, basal cell carcinoma and asthma to name a few.

At The End of this Article: More than 600 scientists - many of whom believe that human urine can treat everything from baldness to cancer and AIDS - gathered in Goa, India, for the first World Conference on Auto-Urine Therapy in February 1996. The Second World Conference on Urine Therapy was held in Germany in 1999 and the third in Brazil in 2003. These are certainly signs that Shivambu Shastra is flourishing all over the world, that people are ready to take responsibility for their own health, well being and evolution, and are prepared to overcome their prejudices and open their minds to embrace such an ancient spiritual and powerful practice.

As it gets more and more recycled, it becomes purer and clearer and that can be observed by the change in taste and the color of the urine. If one has difficulty urinating, it is a sign of a weak life-force. Then this practice actually strengthens the flow of urine, showing signs of an increase in vital life force.

What does 'Damar Tantra' scripture says about Urine Therapy: Urine is capable of abolishing old age and various types of diseases and ailments. AYURVEDA SAYS, All the ailments subject to from the very birth will be completely cured. One's body will be internally cleansed. Drinking it for two months stimulates and energizes the senses. Followed for three months, all types of ailments will disappear and all miseries will evaporate. After five months, the follower will be completely healthy, and will be bestowed with divine eyesight. After six months, the follower will be exceptionally intelligent. After seven months, the follower will be exceptionally strong. After eight months, the human body will possess divine lustre, like that of shining gold, will be permanent. After nine months of continual use, tuberculosis and leprosy will perish. After ten months of continual use, the follower becomes practically the treasury of lustre and brightness. After eleven months, follower becomes pure, both externally and internally. After one year of continual use, follower acquires solar shining. Seven years of use makes the follower capable of conquering his ego. Nine years of this method will make follower immortal. After ten years of experimentation, it will be possible to float in the air with ease. Twelve years will enable one to be as long lived as the moon and the planets. Dangerous animals such as serpents will not affect one in any way; serpents' poison will not kill the follower. One can float on water just as wood floats, and he will never drown...

Please note that the information provided on this page is purely for informational and research purposes and is not intended as a substitute for advice from your physician or other health care professional .

For Your References:

Go to these WebPages

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<http://www.ayurvedic-medicines.org/ayurveda/urine-therapy.htm>

<http://www.all-natural.com/urine.html> (this website has all list of vitamins and its names with proportion)

<http://www.earthtym.net/ref-UT-notes-1.htm>(Urine Therapy Testimonials)

Books to Refer

Dr. G. K. Thakkar

Shivambu Gita: Which Can Bestow Upon You New Life

For free pdf download, go to <http://www.scribd.com/doc/39971/Shivambu-Gita>

Dr John Armstrong

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For Rejuvenation, Health & Happiness

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